



How do I find a speech & language therapist?

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There are two different ways you can contact a speech and language therapist:

- Via your local NHS service
- Finding an independent speech and language therapist

Local Services

You can find your local service either by clicking on [Find Local Services](#) or doing an internet search. Most local services will have their contact details available. Some services have information about referring and referral forms available.

Do I need to go to my GP or Health Visitor?

It's probably best to check with your local service first. Many services will accept referrals for children under five directly from parents/carers. Children over five may need to be referred through their school.

It's also worth finding out more about how you get in touch with your local service as some may offer drop-in sessions locally at children's centres; others may need a referral for an initial appointment

How do I find an independent speech and language therapist?

There is a searchable database of independent therapists who are all registered [here](#). From here you can find local speech and language therapists and contact them directly. They will be able to give you more information about the services they provide and costs involved.

I CAN Help enquiry service www.ican.org.uk/help

Call 020 7843 2544 to speak to one of our speech and language therapists

Talking Point www.talkingpoint.org.uk

Visit this website for information about children's communication.

I have health insurance - will this cover speech and language therapy?

Some health insurance providers do cover speech and language therapy so it's probably best to check your policy first. There may also be recommended or registered providers so check with your insurance provider first.

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